



PHYSICIANS REGIONAL MEDICAL GROUP

Physicians and Medical Specialties OCTOBER 2010

PINE RIDGE

Physicians Regional-Pine Ridge
6101 Pine Ridge Road
239-348-4400

Audiology

Clinic 2nd Floor - Desk 22
Ronald Gooden, Au.D.

Bariatric Surgery

Clinic 2nd Floor - Desk 22
Mark Liberman, M.D.

Cardiology

Clinic 1st Floor - Desk 13
Richard Prewitt, M.D.

Colorectal Surgery

Clinic 2nd Floor - Desk 22
Susan Cera, M.D.
Anthony Vernava III, M.D.

Dermatology

Clinic 1st Floor - Desk 12
Stephen Ducatman, M.D.
Craig Eichler, M.D.
Robert Tomsick, M.D.

Diabetes Education

Clinic 1st Floor - Desk 13
Pam Eichler, R.N., B.S.N., C.D.E.

Facial Plastic Surgery

Clinic 2nd Floor - Desk 22
David Greene, M.D.

Family Medicine

Clinic 1st Floor - Desk 10
Hope Chema, M.D.
Gerald Levens, M.D.
Nicole Malek, D.O.
Ketan Trivedi, M.D.

General & Minimally Invasive Surgery

Clinic 2nd Floor - Desk 22
Mark Liberman, M.D.
Travis Fusselman, PA

Gynecology

Clinic 2nd Floor - Desk 21
Dennis Hidlebaugh, M.D.

Internal Medicine

Clinic 1st Floor - Desks 10, 11
Arnold Alexander, M.D.
Charles Anderson, M.D.
Bryan Murphey, M.D.

Neurology

Clinic 2nd Floor - Desk 21
Michael Finkel, M.D.
Ann Fowler, ARNP-C

Ophthalmology

Clinic 1st Floor - Desk 11
Richard Beatty, M.D.

Optometry

Clinic 1st Floor - Desk 11
Robert Guda, O.D.

Otolaryngology (Ear, Nose & Throat)

Clinic 2nd Floor - Desk 22
David Greene, M.D.
James Hadley, M.D. (beg. Dec 2010)
Jay Roberts, M.D.

Rheumatology

Clinic 1st Floor - Desk 12
Allan Goodwin, M.D.
Valerie Hahn, ARNP

Sleep Medicine

Clinic 2nd Floor - Desk 22
David Greene, M.D.

Thyroid & Parathyroid Surgery

Clinic 2nd Floor - Desk 22
Jay Roberts, M.D.

Vascular Surgery

Clinic 2nd Floor - Desk 21
Argyrios Tzilinis, M.D.

PEBBLEBROOKE CENTER

15215 Collier Boulevard
Ste. 320
239-348-4054

Internal Medicine/ Pediatrics

Kelly Fontana, M.D.

Family Medicine

Samuel Parish, M.D.

BONITA SPRINGS I

Diamond Ridge Center
3291 Woods Edge Parkway
Ste. 200A
239-947-4557

Internal Medicine

Zorayda Torres, M.D.

BONITA SPRINGS II

24231 Walden Center Drive
Ste. 204 - 239-348-4404

Family Medicine

Rebekah Bernard, M.D.

Ste. 203 - 239-348-4550

Pain Management

Heather Smith-Fernandez, M.D.

COLLIER BOULEVARD

Physicians Regional-Collier Boulevard
Regional Medical Arts Building
8340 Collier Boulevard

Ste. 207 - 239-354-4301

Cardiology

Roland Werres, M.D., Ph.D.

Ste. 305 - 239-348-4566

Family Medicine

Linda Lucombe, M.D.

Five Convenient Locations

6101 Pine Ridge Road, Naples, FL 34119 • 8340 Collier Boulevard, Ste. 207 & 305, Naples, FL 34114
15215 Collier Boulevard, Ste. 320, Naples, FL 34119 • 3291 Woods Edge Parkway, Ste. 200A, Bonita Springs, FL 34134
24231 Walden Center Drive, Ste. 203 & 204, Bonita Springs, FL 34134

Appointments: 239-348-4400 or www.PhysiciansRegionalMedicalGroup.com

Recommended Age Specific Tests

Ages 18 - 29

Physical Exam

At least every 5 years, or as your doctor recommends.

Eye Exam

Once between ages 20 and 29.

Pap Smear (women)

Once a year for sexually active women.

Cholesterol Test

This one is needed now if you smoke, are obese, or have high blood pressure, diabetes or a family history of heart disease.

Ages 30 - 39

Physical Exam

Every 3 to 5 years, or as your doctor recommends.

Eye Exam

Once between ages 30 and 39.

Pelvic Exam (women)

Once a year.

Pap Smear (women)

Once a year for sexually active women.

Cholesterol Test

Every 5 years if your last test was normal.

Ages 40 - 49

Physical Exam

Every 1 or 2 years, or as your doctor recommends.

Eye Exam

Every 2 to 4 years.

Cholesterol Test

Every 5 years if your last test was normal.

Mammogram (women)

Baseline at age 40, then every 1 or 2 years.

Prostate Exam (men)

Age 45 for all African-American men and for white men with a family history of prostate trouble.

Bone Density Test

As you approach menopause (women); all women and men who are at risk for osteoporosis.

Pelvic Exam (women)

Once a year.

Pap Smear (women)

Once a year for sexually active women.

Ages 50 and Older

Physical Exam

Every 1 or 2 years, or as your doctor recommends.

Cholesterol Test

Every 5 years if your last test was normal.

Mammogram (women)

Once a year.

Pap Smear (women)

Once a year for sexually active women. After age 70, women who have had 3 normal pap smears in a row or no abnormal results in 10 years, no longer need this test.

Rectal Exam

Once a year.

Fecal Occult Blood Test

Once a year.

Sigmoidoscopy

Every 5 years.

Colonoscopy

Every 10 years.

Prostate Exam

Once a year.

Bone Density Test

Women at or approaching menopause, all women over 65, men who are at risk for osteoporosis.

Baseline Audiogram

At age 60.

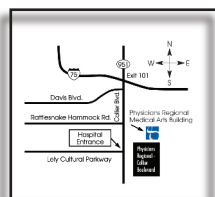
Skin Cancer Screening

Every 1 to 2 years.

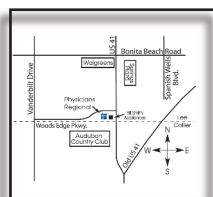
Now accepting new patients in five convenient locations



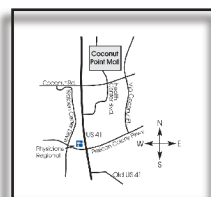
PINE RIDGE
6101 Pine Ridge Road
Naples, FL 34119



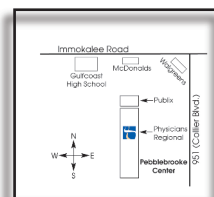
COLLIER BOULEVARD
8340 Collier Boulevard
Ste. 207 & 305
Naples, FL 34114



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3291 Woods Edge Pkwy.
Ste. 200A
Bonita Springs, FL 34134



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