

PINE RIDGE

Physicians Regional-Pine Ridge
6101 Pine Ridge Road
239-348-4400

Audiology

Clinic 2nd Floor - Desk 22
Ronald Gooden, Au.D.

Bariatric Surgery

Clinic 2nd Floor - Desk 22
Mark Liberman, M.D.

Cardiology

Clinic 1st Floor - Desk 10
Richard Prewitt, M.D.

Clinic 1st Floor - Desk 12
Julian Javier, M.D.

Colorectal Surgery

Clinic 2nd Floor - Desk 22
Susan Cera, M.D.
Anthony Vernava III, M.D.

Dermatology/Mohs Surgery

Clinic 1st Floor - Desk 12
Stephen Ducatman, M.D.
Craig Eichler, M.D.
Robert Tomsick, M.D.

Diabetes Education

Clinic 1st Floor - Desk 13
Pam Eichler, R.N., B.S.N., C.D.E.

Facial Plastic Surgery

Clinic 2nd Floor - Desk 22
David Greene, M.D.

Family Medicine

Clinic 1st Floor - Desk 10
Hope Chema, M.D.
Gerald Levens, M.D.
Nicole Malek, D.O.
Ketan Trivedi, M.D.

General & Minimally Invasive Surgery

Clinic 2nd Floor - Desk 22
Mark Liberman, M.D.
Travis Fusselman, PA

Gynecology

Clinic 2nd Floor - Desk 21
Dennis Hidlebaugh, M.D.

Internal Medicine

Clinic 1st Floor - Desks 10, 11
Arnold Alexander, M.D.
Charles Anderson, M.D.
Bryan Murphey, M.D.

Neurology

Clinic 2nd Floor - Desk 21
Michael Finkel, M.D.
John Wilson, M.D.
Ann Fowler, ARNP-C

Ophthalmology

Clinic 1st Floor - Desk 11
Richard Beatty, M.D.

Optometry

Clinic 1st Floor - Desk 11
Robert Guda, O.D.

Otolaryngology**(Ear, Nose & Throat)**

Clinic 2nd Floor - Desk 22
David Greene, M.D.
James Hadley, M.D.
Jay Roberts, M.D.

Pain Management

Clinic 1st Floor - Desk 12
Heather Smith-Fernandez, M.D.

Rheumatology

Clinic 1st Floor - Desk 12
Allan Goodwin, M.D.
Sarah Oakum, PA
Valerie Hahn, ARNP

Sleep Medicine

Clinic 2nd Floor - Desk 22
David Greene, M.D.

Thyroid & Parathyroid Surgery

Clinic 2nd Floor - Desk 22
Jay Roberts, M.D.

Vascular Surgery

Clinic 1st Floor - Desk 12
Argyrios Tzilinis, M.D.

BONITA SPRINGS II

24231 Walden Center Drive
Ste. 204 - 239-348-4404

Family Medicine

Rebekah Bernard, M.D.

Ste. 203 - 239-348-4550

Pain Management

Heather Smith-Fernandez, M.D.
Sarah Oakum, PA

COLLIER BOULEVARD

Physicians Regional-Collier Boulevard
Regional Medical Arts Building

8340 Collier Boulevard

Ste. 203 - 239-348-4560

Internal Medicine

Carlos Portu, M.D. *(beginning Jan. 2011)*

Ste. 204 - 239-354-4316

Family Medicine

Michelle Becker, M.D.

Colorectal Surgery

Susan Cera, M.D.
Anthony Vernava III, M.D.

Ste. 207 - 239-354-4301

Cardiology

Roland Werres, M.D., Ph.D.

Otolaryngology (Ear Nose & Throat)

James Hadley, M.D.

Ste. 305 - 239-348-4566

Family Medicine

Linda Lucombe, M.D.

NORTH NAPLES

3435 Pine Ridge Road
Ste. 102

239-596-3278

Cardiology

Kathleen Galatro, D.O.

PEBBLEBROOKE CENTER

15215 Collier Boulevard
Ste. 320

239-348-4054

Internal Medicine/ Pediatrics

Kelly Fontana, M.D.

Family Medicine

Samuel Parish, M.D.

Six Convenient Locations

6101 Pine Ridge Road, Naples, FL 34119 • 8340 Collier Boulevard, Ste. 203, 204, 207 & 305, Naples, FL 34114
15215 Collier Boulevard, Ste. 320, Naples, FL 34119 • 3435 Pine Ridge Road, Ste. 102, Naples, FL 34109
3291 Woods Edge Parkway, Ste. 200A, Bonita Springs, FL 34134
24231 Walden Center Drive, Ste. 203 & 204, Bonita Springs, FL 34134

Appointments: 239-348-4400 or www.PhysiciansRegionalMedicalGroup.com

Recommended Age Specific Tests

Ages 18 - 29

Physical Exam	At least every 5 years, or as your doctor recommends.
Eye Exam	Once between ages 20 and 29.
Pap Smear (women)	Once a year for sexually active women.
Cholesterol Test	This one is needed now if you smoke, are obese, or have high blood pressure, diabetes or a family history of heart disease.

Ages 30 - 39

Physical Exam	Every 3 to 5 years, or as your doctor recommends.
Eye Exam	Once between ages 30 and 39.
Pelvic Exam (women)	Once a year.
Pap Smear (women)	Once a year for sexually active women.
Cholesterol Test	Every 5 years if your last test was normal.

Ages 40 - 49

Physical Exam	Every 1 or 2 years, or as your doctor recommends.
Eye Exam	Every 2 to 4 years.
Cholesterol Test	Every 5 years if your last test was normal.
Mammogram (women)	Baseline at age 40, then every 1 or 2 years.
Prostate Exam (men)	Age 45 for all African-American men and for white men with a family history of prostate trouble.
Bone Density Test	As you approach menopause (women); all women and men who are at risk for osteoporosis.
Pelvic Exam (women)	Once a year.
Pap Smear (women)	Once a year for sexually active women.

Ages 50 and Older

Physical Exam	Every 1 or 2 years, or as your doctor recommends.
Cholesterol Test	Every 5 years if your last test was normal.
Mammogram (women)	Once a year.
Pap Smear (women)	Once a year for sexually active women. After age 70, women who have had 3 normal pap smears in a row or no abnormal results in 10 years, no longer need this test.
Rectal Exam	Once a year.
Fecal Occult Blood Test	Once a year.
Sigmoidoscopy	Every 5 years.
Colonoscopy	Every 10 years.
Prostate Exam	Once a year.
Bone Density Test	Women at or approaching menopause, all women over 65, men who are at risk for osteoporosis.
Baseline Audiogram	At age 60.
Skin Cancer Screening	Every 1 to 2 years.

Now accepting new patients in six convenient locations

6101 Pine Ridge Road, Naples, FL 34119

8340 Collier Boulevard, Ste. 203, 204, 207 & 305, Naples, FL 34114

15215 Collier Boulevard, Ste. 320, Naples, FL 34119

3435 Pine Ridge Road, Ste. 102, Naples, FL 34109

3291 Woods Edge Parkway, Ste. 200A, Bonita Springs, FL 34134

24231 Walden Center Drive, Ste. 203 & 204, Bonita Springs, FL 34134

Appointments: 239-348-4400 or www.PhysiciansRegionalMedicalGroup.com